

# ADULT PROGRAMS

## WOMEN'S RECREATIONAL VOLLEYBALL

### Session # 210601-01

For women ages 18 and over, this volleyball program is a fun, informal, pick-up play that meets once a week. This program is a great way to stay in shape, while interacting with other players. Please note, participants are reminded to wear appropriate athletic shoes. No food or beverages are allowed in the gym.

**Dates:** September 30 – December 16 (10 classes)  
(No program 11/4, 11/11)

**Days:** Tuesday

**Time:** Resident \$25.00/Non-Resident \$30.00

**Registration:** Begins September 16

**Where:** East Lyme Middle School Gymnasium

**Class Size:** Min 10/Max 30

**Instructor:** Leslie McKiernan

## ADULT CO-ED VOLLEYBALL

### Session # 210602-01

For adults ages 18 and over, this volleyball program is a fun, informal, pick-up play that meets once a week. This program is a great way to stay in shape, while interacting with other players. Please note, participants are reminded to wear appropriate athletic shoes. No food or beverages are allowed in the gym.

**Dates:** September 30 – December 16 (10 classes)  
(No program 11/4, 11/11)

**Days:** Tuesday

**Time:** 6:30 pm – 8:30 pm

**Fee:** Resident \$25.00/Non-Resident \$30.00

**Registration:** Begins September 16

**Where:** East Lyme Middle School Gymnasium

**Class Size:** Min 10/Max 30

**Instructor:** Cathleen Aquino

## DUPLICATE BRIDGE GAMES

Duplicate Bridge games are associated with the American Contract Bridge League. This is ongoing and pre-registration is not required.

**Dates:** September 2 – December 23  
(No program 11/4, 11/11)

**Days:** Tuesday

**Time:** 10:00 am – 2:00 pm

**Fee:** \$5.00 per person, per day

**Where:** East Lyme Library/Community Center –  
Activity Room

**Instructor:** Pat Kelsey

## U.S. AMATEUR BALLROOM DANCE ASSOCIATION DANCES

**Dates:** 1st Saturday of each month – 6:30 pm-11:00 pm  
(9/6, 10/4, 11/1, 12/6)

3rd Friday of each month – 7:00 pm-10:00 pm  
(9/19, 10/17, 11/21)

**Where:** East Lyme Library & Community Center  
Activity Room

For more information contact: Doug Perina @ 860-536-9898  
or [www.usadancenewlondonct.com](http://www.usadancenewlondonct.com). Anyone interested in ballroom dancing is welcome.

## SHORELINE SWING DANCES

**Dates:** 3rd Saturday of each  
month –

8:30 pm-11:30 pm  
(Lessons from

For more information  
contact: Brenda Gilmore  
@ 860-912-9695 or  
[www.shorelineswing.org](http://www.shorelineswing.org)





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